



The Family Wellbeing Shadow Board



Section 1: Summer 2022 Update
Section 2: October 2022 Update
Section 3: February 2023 Update

Summary of the Family Shadow board

The shadow board aims to strengthen professional practice, services and ensure the voice of the child/young person is central to service improvement and development. The voice of the child/young person is fundamental within early help services as often decisions, policies, interventions facilitated will directly affect them.

The shadow board will enable young people to feel empowered, informed and have the capacity to have their voices heard at the decision-making table. The group members will represent the voice of children, young people across early help services.

The focus on those young people and families who have been involved or experienced engagement with early help and children's social care will be evidenced through the recruitment and engagement process.

Summer 2022 Update

Issues raised by the young people from the shadow board.

Issue 1 raised: “The room we are using is not really that nice, and we would like to decorate it”

Response: Small pot of funding was secured for the young people to design and decorate the space at Litherland Family Wellbeing Centre with support from local artist.



Issues raised by the young people from the shadow board.

Issue 2 raised: “We want more fun activities to do over the summer”.

Response: Funding was secured through the HAF to provide children, young people with engaging fun activities over the summer.

Figures **1521** children, young people engaged.

2364 children, young people received free meal.

Feedback from a parent: All activities were inclusive for children with SEND NEEDS. This has been a life saver for my family we, have saved money by attending these activities, having our lunches and then taking activities home to do. My plants look amazing in the yard and the kids love watering them. The beef Nachos in a bag were gorgeous, I can make those and can't wait to do these at home.

Thanks for helping me to sort out the Kids uniforms.

Make up master class



Teddy bear picnic



October 2022 Update

Update from the shadow board to the Early help Partnership Board.

Workshop delivered 13.10.2022 with 8 members of the Shadow Board.

Questions asked to the shadow board

1. What are your initial thoughts on the Early help Logo
2. As we are in Black History Month this month do you think the Logo is inclusive
3. If you were to design the Logo what would you include.

Question 1: What are your initial thoughts on the Early Help Logo

Workshop delivered 13.10.2022 with 8 members of the Shadow Board.

Responses from the group

1. Not inclusive
2. Boring
3. Not young person friendly
4. Simple
5. Need more detail
6. Tells me nothing
7. What do we mean by Early help
8. Who is it suppose to be aimed at.
9. Should be Family Help not Early Help
10. 6 members of the group said they didn't like it.



Question 2: *As we are in Black History Month this month do you think the Logo is inclusive*

Workshop delivered 13.10.2022 with 8 members of the Shadow Board.

Responses from the group

1. 8 members of the group said its not inclusive to all groups
2. 8 members stated it is not real to normal families
3. 8 members said the colour of the logo is “awful”
4. 8 members said they would like to do more workshops on raising awareness of LGTBQ and what it means to be inclusive.



Question 3: *If you were to design the Logo what would you include.*

Workshop delivered 13.10.2022 with 8 members of the Shadow Board.

Responses from the group

1. Brighter
2. Inclusive to all families
3. Change the name
4. Linked to young people
5. Autism friendly
6. Colourful
7. Change the name we don't like the name
8. More eye catching
9. Family friendly to all families not just 2 parents
10. Change the name what even is Early Help



February 2023 Update

Issues raised by the young people from the shadow board.

Issue raised: We need more support for young people around mental health.

Response: This year's Children's Mental Health Week took place on 6-12 February 2023 and the theme for this year was Let's Connect. The aim of the workshop with the Shadow board was to explore how they feel connected ie with their friends, community, school, family and services.

A central feature of the session was to develop a survey which will be used to capture the voices of other young people.

Your Voice Matters Survey : The Family Wellbeing Service are doing some consultation with children, young people and families around what is delivered from the Family Wellbeing centres. Their voice is vitally important to us as it will contribute to shaping our service moving forward.



Your Voice Matters

The Sefton Family Wellbeing Service is consulting with young people (age 11 years+) and families about what is delivered from our Family Wellbeing Centres. Your voice is vitally important to us as it will contribute to shaping our service moving forward.

To complete our short survey, please scan the QR code or go to <http://bit.ly/3Yckoz8>

Sefton Council 



Young Person ACE Programme



The aim of the CYP programme is to help children young people understand and recognise that their emotions and behaviour have often developed as a result of something that has happened to them.

A central feature of the programme will be to develop a range of tools and strategies that will increase confidence, develop social skills, increase self esteem and the group setting will promote and reduce social isolation and promote positive relationships.

Impact of the programme: Young person video https://youtu.be/zEnJL5f_6Oc

For more information on the ACE Prorammes please contact Leeann.doolin@sefton.gov.uk